### **DECEMBER 2023**

## SOUTH BRANCH







#### SCHOOL UPDATE

Just like that we have arrived at December and it is already looking like a full month. It will be important for you to be aware of many upcoming dates including our Glitter & Glee Shopping event, Spirit Fridays, Winter Concert and some special Kinder specific events. Please print off the calendar for your reference.

On Nov. 27 and Nov 29 the UCDSB hosted in-person meetings to discuss the importance of a Sleep and Bell Time Review (MFR email invite was sent).

On December 6 at 6:30 p.m. we will be sharing the video recording of this in-person session in our gym. Our school council is taking this opportunity to listen while we set up for Glitter & Glee so that we can hear the information that was shared. We invite you to join us for this viewing at 6:30 p.m.





#### IMPORTANT INFORMATION

#### DROP OFF

School Supervision begins at 9:15 a.m.-9:25 a.m. Student drop off cannot be prior to 9:15 a.m. to ensure student safety.

#### END OF DAY PICK UP

Please call the office by 2:00 p.m. if you are picking up your child at the end of the day. Pick up lists are distributed and we want to make sure our lists are accurate. This reduces interruptions to the classroom learning.

#### MIDDAY PICK UP

Once you are buzzed into the school, please report to the office and wait for your child to be brought down.

#### **SAVE THE DATE- Winter Concert**

Our Winter Concert is scheduled for Wednesday, December 20th with a snow date of Thursday, December 21st

There will be 2 performances of the same concert. The morning performance will start at 10:00 a.m. and the afternoon show will start at 1:00 p.m. In order to make this event run smoothly, we are asking parents to attend only the performance that has been designated for their child/children's last name A-L 10:00 am and M-Z 1:00 p.m



## **SOUTH BRANCH ELEMENTARY**

#### Spirit Fridays in December

Dec. 1 - School Spirit & our News Show (school clothing or blue/yellow)

Dec. 8 - Winter Top to Bottom (seasonal hats/decorations and Winter/Christmas socks)

Dec. 15 - Ugly Winter Sweaters

Dec.22 - Pajama Day



For Families:

Building Strong Connections with Children at Every Age: Warm, responsive and consistent connections with children are crucial for their learning, development and wellbeing. As a parent or carer, it can be challenging to know when and how to develop that connection. It can be helpful to think of it as a series of small, meaningful moments instead of one big thing. As children grow, showing genuine interest in their thoughts, playing together, emotional support, routines, boundaries and consistency can boost their self-regulation, social skills and resilience. When they enter preteen and teen years, making a few communication tweaks can help build trust and keep relationships strong. Try to have realistic expectations, listen actively, validate their feelings and spend quality time together. Every little moment can make a difference, and supportive connections can help children thrive and reach their full potential. For simple, everyday strategies, read our article.

The Triple P – Positive Parenting Program® gives practical steps to raise happy, confident, resilient kids. For parenting tips and suggestions, call 1-800-660-5853, email  $\frac{\text{triplep@healthunit.org}}{\text{triplep.meanting.ca}}$ .

**SCHOOL TIMETABLE** 

9:25-11:55 Instruction Block 1

11:55-12:35 Break 1 (K-3 outside, 4-6 eat 20min) (K-3 eat, 4-6 outside 20min)

12:35-1:55 Instruction Block 2

1:55-2:35 Break 2 (K-3 outside, 4-6 eat 20min) (K-3 eat, 4-6 outside 20min)

2:35-3:40 Instruction Block 3

3:40-3:45 Dismissal





#### UCDSB Board Improvement and Equity Plan (BIEP)

90% of students will read, write, and demonstrate number sense & operations at grade level 100% of students will report that school is safe and inclusive, and positively influences their mental health, wellness and sense of belonging.

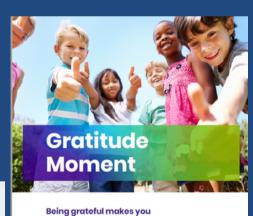
90% of students will graduate within 5 Years

#### School Wellness

This month we will take time each day for a moment of gratitude. Every month we select a tool from the SMHO website and practice using this strategy school wide. Our belief is that these tools can be practiced and used by our students and shared with our families as a way to strengthen our mental fitness each day.

Please take a moment to share moments of gratitude with your child for the month of December so that you can practise as a family.





more patient when life is difficult.

Think of something that you are grateful for.

Hold this in your mind for a moment.

You may choose to write the details of your gratitude moment in a journal or share with someone.

Keep In Mine

to end the day.

regularly.

 Be grateful for small things (flowers, smiles, chocolate) and grand things (friends, clean water, music).



SCHOOL COUNCIL THURS. JAN 11, 2024 6:30-7:30P.M.



# School Council southbranchcouncil@gmail.com

Please see attached SBSC Newsletter items

# Rhythm Raffle

South Branch School Council will be hosting a Winter Concert Rhythm Raffle during the concert on December 20. There are some fabulous prizes to be won from local businesses. Check them out on South Branch Council Facebook.

Tickets can be purchased at both the 10 am and 1 pm shows. Price is 1 ticket for \$2 or 3 tickets for \$5. CASH ONLY. Fill out your name, email, and phone number and place your ticket in the box corresponding to the prize. Winners will be drawn at the end of the afternoon concert and will be contacted to pick up their prizes.

Proceeds from the raffle will go to support the wonderful music program at South Branch Elementary to update and purchase new instruments and add to the music opportunities

provided to our students.

